



Mental Health Among Adults

Leavenworth County, 2017



Frequent Mental Distress

Frequent mental distress (FMD) is defined as having fourteen or more days of poor mental health in the past thirty days.

In 2017, **nearly 14 of every 100** Leavenworth County adults 18 years and older had frequent mental distress.



Depressive Disorder

Depressive disorder is defined as depression, major depression, dysthymia, or minor depression.

In 2017, **23 of every 100** Leavenworth County adults 18 years and older had depressive disorder.

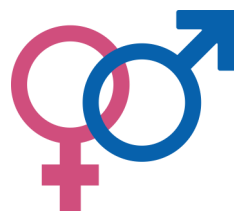
Depressive Disorder by Selected Socio-demographic Characteristics, Leavenworth County

BY GENDER

Depressive Disorder was significantly higher among **women** compared to **men**.

31.8%

Nearly 32 of every 100 adult women.



15.4%

About 15 of every 100 adult men.

BY AGE*

23.8%

Nearly 24 of every 100 adults aged 18-44 years.

22.0%

22 of every 100 adults aged 45-64 years.

23.6%

Nearly 24 of every 100 adults aged 65 years and older.

BY ANNUAL HOUSEHOLD INCOME

Depressive Disorder was significantly higher among persons with an annual household income of **less than \$35,000 per year** compared to those with **\$35,000 or higher per year**.



41.2%

About 41 of every 100 adults with an annual household income of less than \$35,000 per year.



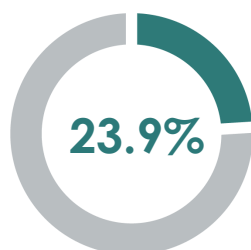
15.8%

Nearly 16 of every 100 adults with an annual household income of \$35,000 or higher per year.

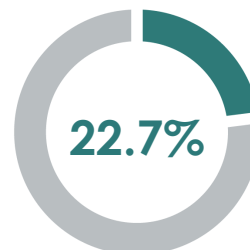
*The prevalence estimates of depressive disorder in Leavenworth County are not significantly different by age.

Depressive Disorder by Selected Socio-demographic Characteristics, Leavenworth County

BY EDUCATION*



Nearly 24 of every 100 adults with a high school education or less.



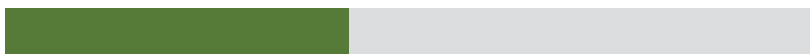
Nearly 23 of every 100 adults with some college education or higher.

BY DISABILITY STATUS

Depressive Disorder was **significantly higher among persons living with a disability†** compared to those **living without a disability**.

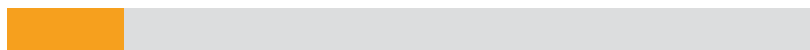
Nearly 43 of every 100 adults who reported living with a disability.

42.5%



About 14 of every 100 adults who reported living without a disability.

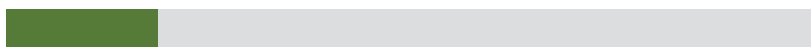
14.4%



BY OBESITY*

About 18 of every 100 adults who were Normal or Underweight (BMI<25).

18.4%



About 24 of every 100 adults who were Overweight (25<=BMI<30).

24.3%



Nearly 25 of every 100 adults who were Obese (BMI>=30).

24.8%



† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* The prevalence estimates of depressive disorder in Leavenworth County are not significantly different by education and obesity groups.

Depressive Disorder by Selected Socio-demographic Characteristics, Leavenworth County

BY PHYSICAL ACTIVITY*



19.4%

About 19 of every 100 adults who participate in leisure-time physical activity



30.2%

About 30 of every 100 adults who did not participate in leisure-time physical activity

* The prevalence estimates of depressive disorder in Leavenworth County are not significantly different by physical activity groups.

‡ Physically Inactive: Respondents were classified as physically inactive if they responded "no" to the following question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?"

Kansas Behavioral Risk Factor Surveillance System-Local Data, 2017. Kansas Department of Health and Environment, Bureau of Health Promotion website. Available at <http://www.kdheks.gov/brfss/BRFSS2017/index.html>. Accessed July 21, 2019.

Supported by grants from the Health Forward Foundation, Kansas Health Foundation, REACH Healthcare Foundation, Sunflower Foundation and the Centers for Disease Control and Prevention.